

R E S U L T A T E R
Veressjøen Rundt 1998

Ådal i l
1998

PLASS NR.	N A V N	L A G	T I D	ETTER
Kategori 16 - 17 år, 8,7 km				
1	001 Mari Gudding	Vinne i l	40.26,0	00.00,0
2	002 Trine Ertsås	Steinkjer	40.33,0	00.07,0
3	003 Merete Sagvold	Helgådal	45.35,0	05.09,0
Kategori 18 - 19 år, 8,7 km				
1	007 Kjersti Olsen	Vinne	43.34,0	00.00,0
2	006 Heidi Alstad	Vinne i l	43.59,0	00.25,0
3	008 Marit Anette Julnes	Helgådal	47.27,0	03.53,0
Kategori 20 - 34 år, 8,7 km				
1	013 Mari Ann Landsem		37.55,0	00.00,0
2	014 Sofia Lind	Åsarna IK, Sverige	40.11,0	02.16,0
3	012 Berit Jørum	Vinne i l	44.12,0	06.17,0
Kategori 35 - 39 år, 8,7 km				
1	017 Sissel Norum	Steinkjer FIK	39.43,0	00.00,0
2	018 Tove Tangstad	Steinkjer FIK	43.15,0	03.32,0
Kategori 40 - 44 år, 8,7 km				
1	022 Anne Torun Lønseth	Følling i l	57.31,0	00.00,0
Kategori 45 - 49 år, 8,7 km				
1	026 Jorunn Hallan	Skogn i l	42.42,0	00.00,0
2	027 Hilde Opheim	Sparbu i l	44.06,0	01.24,0
Kategori 60 - 64 år, 8,7 km				
1	037 Gunvor Svendsen	Frosta i l	55.24,0	00.00,0
Kategori 55 - 59 år, 8,7 km				
1	062 Arvid Valøen	Steinkjer FIK	36.40,0	00.00,0
2	061 Willy Petersen	Inderøy i l	38.25,0	01.45,0
3	063 Knut Gran	Leksdal i l	44.23,0	07.43,0
4	069 Finn Fjeld		46.08,0	09.28,0
5	060 Jarle Nessemo	Helgådal i l	46.39,0	09.59,0
Kategori 50 - 54 år, 8,7 km				
1	048 Bård Brønstad	Helgådal i l	35.14,0	00.00,0
2	044 John Gudding	Vinne i l	35.21,0	00.07,0
3	052 Olav Ulvin	Inderøy	36.05,0	00.51,0
4	053 Kåre Ronnes	Ogndal	36.11,0	00.57,0
5	046 Tor Petter Abelsen	Vinne i l	37.11,0	01.57,0
6	045 Torbjørn Veie	Vinne i l	37.23,0	02.09,0
7	050 Lors Berg	Inderøy	38.46,0	03.32,0
8	054 Arne Ramdal	Frol i l	39.44,0	04.30,0
9	051 Jarle Aurstad	Leksdal i l	40.23,0	05.09,0
10	047 Kjell Hegstad	Vinne skilag	42.52,0	07.38,0

R E S U L T A T E R
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Helgådalen i l
17.1998

PLASS NR.	N A V N	L A G	T I D	ETTER
Menn 50 - 54 år, 8,7 km forts.				
11	049 John Gomo	Helgådalen i l	44.57,0	09.43,0
Menn 60 - 64 år, 8,7 km				
1	076 Kjell Hildrum	Namsos løpeklubb	36.37,0	00.00,0
2	077 Eirik Stamnes	Beitstad i l	40.55,0	04.18,0
Menn 65 - 69 år, 8,7 km				
1	086 Jørund Saursaunet	Steinkjer OK	48.41,0	00.00,0
2	087 Jon Svendsen	Frosta i l	50.26,0	01.45,0
3	088 Kjell Thomassen	Norske Skog	1:00.31,0	11.50,0
Menn 75 - 79 år, 8,7 km				
102	Reidar Stølan	Ogndal i l	57.09,0	00.00,0
Menn over 80 år, 8,7 km				
1	105 Olaf Stavlund	Verdal FIK	59.03,0	00.00,0
Gutter 18 - 19 år, 15 km				
1	252 Petter Alstad	Vinne i l	1:03.59,0	00.00,0
2	254 Ole Jermstad	Leirådal	1:06.14,0	02.15,0
3	255 Arild Selseth	Vinne	1:09.34,0	05.35,0
4	253 Jomar Jentoft	Vinne i l	1:13.20,0	09.21,0
Menn 20 - 34 år, 15 km				
1	270 Odd Bjørn Hjelmeseth	Fjellhug Vereide	51.43,0	00.00,0
2	271 Carlos Silva de Brito	Ogndal	52.06,0	00.23,0
3	263 Frode Estil	Ogndal	54.17,0	02.34,0
4	264 Frode Lillefjell	Ogndal	55.32,0	03.49,0
5	269 Peter Gøransson	Åsarna, Sverige	55.35,0	03.52,0
6	275 Øyvind Waade	Skogn	55.37,0	03.54,0
7	268 Morgan Gøransson	Åsarna, Sverige	56.00,0	04.17,0
8	273 Svein Anders Melhus	Ogndal	56.23,0	04.40,0
9	277 Runar Martinsen	Sørli	57.59,0	06.16,0
10	276 Jon Åge Forfang	Ogndal i l	58.51,0	07.08,0
11	272 Morten Brørs	Steinkjer FIK	58.58,0	07.15,0
12	266 Tore Lundsauet	Vinne i l	1:03.36,0	11.53,0
13	278 Einar Lund	Vinne	1:04.06,0	12.23,0
14	265 Magnar Lillegård	Helgådalen i l	1:06.26,0	14.43,0
15	274 Kjell Ove P. Tiller	Leksdal i l	1:12.44,0	21.01,0
Menn 35 - 39 år, 15 km				
1	296 Pål Gunnar Mikkelsplass	Bromma	56.08,0	00.00,0
2	298 Gunnar Melting	Mosvik i l	56.32,0	00.24,0
3	299 Stein Rønning	Gjensidige	1:00.44,0	04.36,0
4	300 Rune Morten Vannebo	Mosvik	1:01.16,0	05.08,0
5	297 Sturla Throndsen	Vidar	1:06.53,0	10.45,0
6	295 Bjørnar Skrove	Vinne i l	1:07.34,0	11.26,0

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Veressjøen Rundt 1998

Helgådalen i l
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KLASS NR.	N A V N	L A G	T I D	ETTER
Menn 40 - 44 år, 15 km				
1	320	Ola Berget	Ogndal	54.30,0 00.00,0
2	321	Jostein Myhr	Skogn i l	1:01.48,0 07.18,0
3	322	Joar Halseth	Ogndal	1:03.32,0 09.02,0
Menn 45 - 49 år, 15 km				
1	336	Per Arild Bolaas	Steinkjer FIK	1:00.34,0 00.00,0
2	337	Agnar Kvam	Inderøy	1:05.59,0 05.25,0
3	335	Jens Gresdal	Spenncon	1:09.55,0 09.21,0
Kakstertausmila Damer 8,7				
1	114	Randi Henning	Ogndal	42.27,0 00.00,0
2	113	Siri Solem Rønning	Skogn i l	50.24,0 07.57,0
3	112	Aase Lillefjell	Stod i l	55.19,0 12.52,0
Kakstertausmil Herrer 8,7				
1	122	Bård Jørgen Elden	Ogndal i l	33.24,0 00.00,0
2	131	Kristoffer Erichsen	Lyn/Steamboat Spri	33.46,0 00.22,0
3	127	Johnny Spillane	Steamboat Springs	34.48,0 01.24,0
4	129	Carl Vanloan	Andover USA	35.21,0 01.57,0
5	137	Roar Lillefjell	Ogndal	36.47,0 03.23,0
6	128	Jed Hinkley	Andover USA	37.22,0 03.58,0
7	123	Terje Høyem	Stiklestad i l	38.14,0 04.50,0
8	142	Jon Marius Vaag Iversen	Verdal i l	39.03,0 05.39,0
9	124	Tor Erik Indahl	Helgådalen i l	39.13,0 05.49,0
10	139	Rune Sagvold	Leirådalen	39.32,0 06.08,0
11	138	Øivind Høe	Rygge i l	40.08,0 06.44,0
12	134	Melvin Nesse	Helgådalen i l	40.13,0 06.49,0
13	125	Jørgen Norheim	Glomguten	40.56,0 07.32,0
14	140	Halvard Evenhus	Inderøy i l	41.19,0 07.55,0
15	132	Jan Skarsvåg	Inndal i l	43.38,0 10.14,0
16	135	Asgeir Leirset	Helgådalen i l	44.08,0 10.44,0
17	143	Audun Sletten	Bergen TF	53.16,0 19.52,0
18	141	Roald Jensen	BIL Aker	56.53,0 23.29,0
BRUTT	130	Matt Dayton	Breckenridge USA	